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6:30 Zoom 							
08:15 GX Hall 							
09:15 GX Hall 							
09:15 GX Room 							
10:15 GX Hall 							
10:15 Outdoors 							
10:15 GX Room 							
11:15 GX Room 							
11:15 GX Hall 							
12:15 GX Hall 							
17:30 Outdoors 							
17:30 GX Hall 							
17:30 GX Room 							
18:30 GX Hall 							
18:30 GX Room 							
18:30 Outdoors 							
19:30 GX Hall 							
19:30 GX Hall 							

To ensure a space we recommend that you book classes in advance on-line or via our "Slice Of Life Kent" app. However if there is space in a class you can always attend without pre-booking. Booking is available 2 days in advance.

Non-attendance to a booked class without cancellation will be charged at a casual class rate.

If you wish to cancel or rearrange a class booking then we request, especially in the current climate, you do so at least 90 minutes prior to the start of the class. Use of our app makes this very easy.

We politely request during social distancing that you do not book a place in a class unless you are committed to attend. Booking a place with the knowledge your plans might change could prevent others having a chance to participate.

Highlighted classes will be Live-Streamed via Zoom