

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:30 Zoom							
08:15 GX Hall							
09:15 GX Hall							
09:15 GX Room							
10:15 GX Hall							
10:15 Outdoors							
10:15 GX Room							
11:00 GX Hall							
11:15 GX Room							
11:15 GX Hall							
12:15 GX Hall							
17:30 GX Hall							
17:30 GX Room							
18:30 GX Hall							
18:30 GX Room							
18:30 Outdoors							
19:30 GX Hall							
19:30 GX Hall							

To ensure a space we recommend that you book classes in advance on-line or via our "Slice Of Life Kent" app. However if there is space in a class you can always attend without pre-booking. Booking is available 7 days in advance.

Non-attendance to a booked class without cancellation will be charged at a casual class rate.

If you wish to cancel or rearrange a class booking then we request, especially in the current climate, you do so at least 90 minutes prior to the start of the class. Use of our app makes this very easy.

We politely request during social distancing that you do not book a place in a class unless you are committed to attend. Booking a place with the knowledge your plans might change could prevent others having a chance to participate.

**Highlighted classes will be Live-Streamed via Zoom**